

# JANUARY - FCSS

Support our community by donating to the Claresholm Food Bank.  
Donation boxes are located at the Stavely Town Office, with items  
accepted until the end of the month.

Thursday  
January 22<sup>nd</sup>  
@ 12:30

## Senior ARMCHAIR TRAVEL

*Enjoy your vacation in the  
comfort of your own chair*

Embark on an  
unforgettable  
journey with new  
locations monthly

Sit back and enjoy  
the educational  
travel video without  
leaving your chair

Enjoy a local  
authentic lunch from  
the destination

Stavely Golden Age



## TECH TIME

BUILD CONFIDENCE WITH  
TECHNOLOGY

January 8<sup>th</sup> @ 1pm  
Stavely Golden Age Center

02

Using  
Email @  
Messaging  
Apps

Bring your  
cellphone,  
laptop or  
tablet

LEARN HOW TO  
CONFIDENTLY  
USE  
TECHNOLOGY IN  
A HANDS-ON  
WAY



## HAPPY NEW YEAR

Stavely FCSS would like to extend a heartfelt Happy  
New Year to everyone in Stavely!

We have lots of events coming up this month  
including Senior Armchair Travel, Soup & Story  
Potluck, Tech Time and Bingo will resume!

On February 2<sup>nd</sup> Empower Me will be hosting a  
Hybrid course at the Golden Age Center at 10am to  
discuss energy saving techniques.

## SOUP & STORY Event

Come together with friends, family, and neighbors for an  
unforgettable soup potluck event filled with laughter,  
connection, and mouthwatering dishes!



January 12<sup>th</sup>  
@ 12pm



Stavely  
Golden Age

DONT FORGET TO BRING YOUR  
RECIPES TO EXCHANGE



2026





**BINGO NIGHT**

ATTEND THE ANNUAL WINTER BINGO SERIES  
OFFERED BY STAVELY FCSS  
AN EVENING FULL OF GAMES, LAUGHS AND PRIZES!

**WEDN  
ESDAY**      **GAMES START  
@ 6:30**      **JAN 7  
& 21**



**BI WEEKLY JAN-MAY**

**BINGO IS BACK!**

Stavely FCSS is excited to bring back Bingo to the Stavely Golden Age Center!

Doors Open at 6pm  
Games Start at 6:30pm

**Bingo Dates**  
January 7<sup>th</sup> & 21<sup>st</sup>  
February 11<sup>th</sup> & 25<sup>th</sup>  
March 11<sup>th</sup> & 25<sup>th</sup>  
April 8<sup>th</sup> & 22<sup>nd</sup>  
May 6<sup>th</sup> & 20<sup>th</sup>

**EMPOWER ME WORKSHOP**

On February 2<sup>nd</sup> @ 10am Stavely FCSS will be teaming up with Empower Me to discuss energy saving tips. This will be offered as a Hybrid course meaning an Energy Mentor will be virtual but live.

We plan on having an in-person event in the Spring and will keep everyone posted on the date/time.

Hope to see you there!

**Stay & Play  
Stavely**

We are excited to offer Stay & Play in Stavely at the Youth Hall. Join us for crafts, fun play areas, circle time and more! It's also a great opportunity to connect with other children and parents/caregivers.

**WEDNESDAYS,  
9:30-11:30am  
Youth Hall-5031 48 Ave.  
Stavely**

For more information please call the  
Greater Foothills Family Centre 403 652 8633  
or  
toll free 1 877 652 8633




**Empower Me**  
Community Connections  
Healthier Homes

**Energy Savings Workshop**

To save energy and money, it's important to understand the relationship between energy consumption, our daily choices and habits, and the inner workings of our homes.

Our Energy Savings Workshop introduces you to basic practices that can lead to noticeable changes in the comfort and affordability of your home.

**Topics**

- Learn how your home uses energy and what you can do to reduce your energy bills and improve the efficiency of your home.
- Learn how to read your utility bills.
- Discover federal and provincial rebates, grants, and support programs that can help make home upgrades a more affordable choice.

**READY TO START CHAMPIONING HOME SAFETY PRACTICES IN YOUR OWN LIFE?**

**Sign up for our next available workshop:**

**DATE:**  
Monday, February 2, 2026  
10:00 a.m. (MT)

**LOCATION:**  
Online (Zoom meeting link will be shared upon registration)

**LANGUAGE:**  
English

**Empower Me**

FOR ENERGY SAVING TIPS AND TRICKS, VISIT  
[energychampion.org](http://energychampion.org)

**utilitiesconsumer  
advocate**

WE'RE GRATEFUL TO OUR FUNDERS WHOSE ONGOING SUPPORT ENABLES US TO DRIVE IMPACT IN COMMUNITIES LIKE YOURS.

**STAVELY STAY & PLAY**

Greater Foothills hosts a Stay & Play at the Stavely Youth Hall weekly on Wednesdays from 9:30am-11:30am for children to socialize and parents to connect with others in the community.

These drop-in session are free and will resume January 7<sup>th</sup> 2026.

Hope to see you there!

**CONNECT WITH FCSS**

Are you wanting to connect with Stavely FCSS? I am in the Youth Hall Office Tues & Thurs mornings until noon. Otherwise you can find me at the Stavely Town Office where I can also assist you!

**Call 403-549-1661 or email [fcss@stavely.ca](mailto:fcss@stavely.ca)**